City of Lawrence

GIC Educational Information for Active Employees

April 2015

AFT-MA: Andrew Powell



Agenda

- Overview
- FY 16 Changes
- Group Insurance Commission (GIC) Plans
 - □ Health Maintenance Organization (HMO) Plans
 - Point of Service Plans (POS) Plans
 - Preferred Provider Organization (PPO) Plans
 - Indemnity Plans
- Calendar Year Deductibles
- Provider Tiering & Copays
- Selecting a GIC Plan



Overview

- GIC has announced significant plan changes for July 1, 2015
 - Everyone is urged to carefully review open enrollment materials for plan changes and information about moving plans
 - □ Brought on by structural deficit of \$190 million and unusually high claim experience
- Open Enrollment: April 8 May 6

Plan Changes: A Summary

	Current	Effective July 1, 2015
Deductibles	\$250 individual \$500 two person \$750 per family	\$300 individual \$600 two person \$900 per family
Co-Pays		
Office/ PCP Visit	\$15 or \$20	\$20
Specialist Office Visit	\$20 Tier 1 \$35 Tier 2 \$45 Tier 3	\$30 Tier 1 \$60 Tier 2 \$90 Tier 3
In Patient Hospitalization	\$250 Tier 1 \$500 Tier 2 \$750 Tier 3	\$275 Tier 1 \$500 Tier 2 \$1,500 Tier 3
Out Patient Surgery	\$150 per occurrence (one per cal. qtr)	\$250 per occurrence (one per cal. qtr.)
Rx Copays Retail 30 Day	\$10/25/50 (by tier)	\$10/30/\$65
Rx Copays Mail Order 90 Day	\$20/50/110 (by tier)	\$25/75/165



Plan Changes: Deductible Change

- Deductibles will transition to a Fiscal calendar beginning in 2016
 - □ 1/1/2015 12/31/15 = Additional \$50 per person (up to three) for remainder of year
 - **\$300/\$600/\$900**
 - □ 1/1/2016 6/30/16 = First six months of year, each person (up to three) will have a \$150 deductible
 - \Box 7/1/2016 6/30/17 = A new deductible cycle (\$300/\$600/\$900)
 - Carryover deductibles will NOT apply in 2016



GIC Premium Changes

- □ The Average rate increase is 5.5% for GIC plans
 - □ Harvard Pilgrim is 9.2% and Tufts is 7%
- □ Governor's Budget proposes that <u>All</u> state employees pay 25%. This means Lawrence!!

Members need to consider copays/deductibles against higher premiums



GIC Plans

- The GIC offers 12 plans to Active Employees
 - UniCare (4 Plans)
 - Harvard Pilgrim Health Care (2 Plans)
 - Tufts Health Plan (2 Plans)
 - □ Fallon Community Health Plan (2 Plans)
 - Neighborhood Health Plan (1 Plan)
 - Health New England (1 Plan)



GIC Plans

- GIC Plans with the most Active employee subscribers
 - Tufts Navigator PPO
 - Harvard Pilgrim Independence PPO
 - UniCare Indemnity Plan Basic with CIC (Comprehensive)
 - □ 60% of Active employee subscribers in these 3 plans
- Enrollment restrictions
 - UniCare Indemnity Plan Basic has no restrictions, in or outside of the United States
 - Other plans are limited to Massachusetts and certain border states/counties; geographic area varies by plan
 - For detailed coverage areas, review the forthcoming <u>Benefit</u> <u>Decision Guide!</u>



GIC Health Maintenance Organization (HMO) Plans

- Members must select a Primary Care Physician (PCP)
- Referrals are required to see Specialists
- No coverage for out-of-network providers
 - Except for emergency care
- Lower premium cost than other plan types
- "Limited" or "Select" network plans
 - Lowest premium costs
 - Limited physician and hospital access



GIC Health Maintenance Organization (HMO) Plans

- Limited Network HMO's
 - Fallon Direct Care HMO
 - Neighborhood Prime HMO
 - Harvard Pilgrim Primary Choice HMO
 - □ Tufts Spirit HMO
 - ☐ Health New England HMO
- Broad Network HMO
 - Fallon Select Care HMO



GIC Point-of-Service (POS) Plans

- Tufts Navigator and Harvard Independence will become a Point-of-Service (POS) plan July 1, 2015
- In-Network and Out-of-Network benefits
- Members must select a Primary Care Physician
- Referrals are required to see <u>Specialists</u>
- Non-Referred services will receive "Unauthorized or Non-Participating" benefit Level
 - Separate \$400/\$800 deductible and 20% Co-insurance
 - receive lesser coverage

Questions remain as to whether the "In-Network" is the same as the existing PPO



GIC Point-of-Service (POS) Plans

- Harvard Pilgrim Independence POS
- Tufts Navigator POS

If you are enrolled in the Harvard PPO or Tufts PPO, you will <u>automatically</u> be enrolled into the POS plan unless you select otherwise



GIC Preferred Provider Organization (PPO) Plans

- In-network and out-of-network benefits
- No requirement to select Primary Care Physician (PCP)
- No referrals required for specialists
- Can utilize any provider
 - In-network providers lower out-of-pocket costs
 - Out-of-network providers higher out-of-pocket costs
- Member must reside in network service area to enroll



GIC Preferred Provider Organization (PPO) Plans

- UniCare State Indemnity Plan/Plus ¹
- Unicare State Indemnity Plan Community Choice ²

- 1. All Massachusetts doctors and hospitals are "in-network" with UniCare Indemnity Plan /Plus but some out-of-state providers may be "out-of-network"
- 2. Many in-state hospitals are "out-of-network" with Community Choice



UNICARE Indemnity Basic Plan

- Members not required to select a Primary Care Physician (PCP)
- No referrals required for specialists
- Can utilize any provider
- Highest premium cost plan
- No geographical restrictions on enrollment
- Without CIC rider, deductibles and copays are higher and coverage is only 80% for some services



Calendar Year Deductibles

- Fixed amount a member pays before the plan pays benefits
- Deductible generally does NOT apply to:
 - Prescription drug benefits
 - Outpatient mental health/substance abuse benefits
 - Office visits (primary care physician, specialist, retail clinics, preventive care, maternity & well baby care, routine eye exam, occupational therapy, physical therapy, chiropractic care & speech therapy)
 - Medically necessary child & adult immunizations
 - Hearing aids
 - Mammograms
 - Pap smears
 - > EKGs
 - Colonoscopies



Calendar Year Deductibles

- Deductible DOES apply to:
 - > Emergency room visits
 - Inpatient hospitalization
 - Surgery
 - Laboratory and blood tests
 - X-rays and radiology (including high-tech imaging, such as MRI, CT, and PET scans)
 - Durable medical equipment



Calendar Year Deductibles

- Calendar Year Deductible Amounts
 - \$300 individual
 - \$600 two-person
 - □ \$900 family (no more than \$300 per person)



Deductible/Copay Example

First Visit to ER

Total ER Visit \$1,000
You Pay Deductible \$300
You Pay ER Copay \$100

Your Total Cost \$400 Plan Pays \$600

Second Visit to ER

Total ER Visit \$1,000
You Pay Deductible N/A
You Pay ER Copay \$100

Your Total Cost \$100 Plan Pays \$900



Tiered Provider Copays

- Providers are grouped into "tiers" based on cost, quality, and outcomes measures from third parties
- Different tiering for different health plans; a primary care doctor, specialist or hospital can be on one tier with one GIC health plan and on another tier with another GIC health plan
- Tier 1 Providers have lowest member cost & Tier 3
 Providers have the highest member cost
- GIC Plans use tiering to set office visit copays (primary care and specialists) and inpatient admission copays
- Tiered hospital copay is in addition to the deductible, if not already satisfied by the member

Tiered Provider Copays Vary by Plan

Primary Care Office Visit Copays

Tier 1 \$15 or \$20

Tier 2 \$25 or \$30

Tier 3 \$30 or \$35

Hospital Copays

Tier 1 \$275 to \$300

Tier 2 \$500 to \$700

Tier 3 \$750 to \$1,500

Specialty Care Office Visit Copays

Tier 1 \$30

Tier 2 \$60

Tier 3 \$90



Prescription Drug Tiering

- Drug formularies vary by plan
- Pharmacy tiering
 - □ Tier 1 Generic and low cost brand drugs
 - □ Tier 2 Brand name and high cost generic drugs
 - □ Tier 3 Brand name non-preferred drugs

Copayments

- Retail 30-day supply
 - > Tier 1 \$10
 - > Tier 2 \$30
 - > Tier 3 \$65
- Mail Order 90-day supply
 - > Tier 1 \$25
 - > Tier 2 \$75
 - > Tier 3 \$165



Plan Design Example

Plan Feature	Feature HPHC Independence POS	
	In-Network	
PCP Office Visit	\$20 copay	
Specialist Office Visit	\$30 Tier 1 \$60 Tier 2 \$90 Tier 3	
Calendar Year Deductible	\$300 Ind/\$700 2-Person/\$900 Family	
Emergency Room	\$100	
Inpatient Hospital Care	Tier 1 \$275 per admission Tier 2 \$500 per admission Tier 3 \$1,500 per admission Maximum of 1 inpatient copay per calendar quarter	
Outpatient Surgery	\$250 per occurrence Maximum of 4 per calendar year	
Prescription Drugs		
Retail Mail-Order (90-day supply)	\$10/\$30/\$65 \$25/\$75/\$165	

HPHC Independence POS Hospital Tiering

Facility	Tier 1 - \$275 1 per quarter	Tier 2 - \$500 1 per quarter	Tier 3 - \$1500 1 per quarter
Holy Family	X		
Anna Jacques	X		
Mass. Eye and Ear	X		
Lawrence General		X	
Lowell General		X	
Lahey Clinic		X	
Children's Hospital			X
Mass General Hospital			X
Brigham & Women's Hospital			X

HPHC Primary Choice HMO Hospital Tiering

Facility	Tier 1 - \$275 1 per quarter	Tier 2 - \$500 1 per quarter
Holy Family	X	
Anna Jacques	X	
Mass Eye and Ear	X	
Lawrence General		X
Lowell General		X
Lahey Clinic		X
Children's Hospital		X
Mass General Hospital		Not a Covered Hospital
Brigham & Women's Hospital		Not a Covered Hospital



GIC Health Fair: Closest to you

April 17th

Friday 11:00 AM – 4:00 PM

Middlesex Comm. College Bedford



Tips for Selecting a GIC Plan

Carefully review the GIC Benefit Decision Guide

 Discuss the GIC plans with family, friends and your physician(s)



Tips for Selecting a GIC Plan

- Contact the carriers on the telephone or using the Internet. Ask the carriers about:
 - The physicians who treat you
 - The hospitals where you get care
 - The prescription drugs that you take
 - Any durable medical equipment or device that you regularly use
- Attend a GIC Health Fair



Tips for Selecting a GIC Plan

Contact Information:

Group Insurance Commission: www.mass.gov/gic	(617) 727-2310
Harvard Pilgrim Health Plan: www.harvardpilgrim.org/gic	(800) 542-1499
Tufts Health Plan: www.tuftshealthplan.com/gic	(888) 333-0880
Fallon Community Health Plan: www.fchp.org	(866) 344-4442
UniCare: www.unicarestateplan.com_	(800) 442-9300
Caremark Pharmacy www.caremark.com/gic	(877) 876-7214
Health New England: www.hne.com	(800) 842-4464



What can we do?

- Contact your legislator!!!
 - □ Oppose the 5% premium shift
 - □ Talk about the impact of higher copays / deductibles
- Unions need to consider forming a coalition to discuss the future in the GIC
- Q & A